

KIDS WINTER MENU



KAUAI

FOOD FOR THOUGHT

Free Range Chicken

We use free range chicken that is free from routine antibiotics, animal by-products and growth promoters.

Honest Ingredients

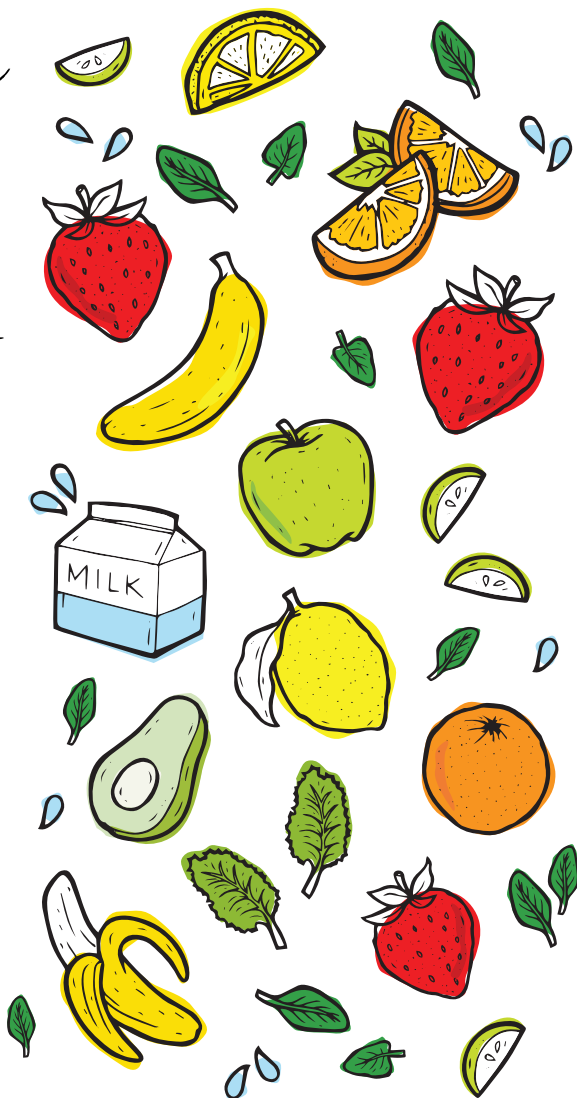
We use responsibly sourced, natural ingredients, because little bodies are better without artificial flavourants, colourants and preservatives.

Kids' Portions

We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.

Sugar-Wise

We avoid added sugars in our food and smoothies, to help you make healthier food choices.



At **Kauai**, we believe that food should not only taste good, but do you good. Nutritious foods are the building blocks for a healthy body, and good ingredients provide the basis for nutritious food, which is why we are committed to sourcing fresh, wholesome ingredients. **Naturally.**



ALL DAY BREAKFASTS

PEANUT BUTTER BANANA TOAST*	19
banana, sugar-free peanut butter, honey, cinnamon	
LITTLE SCRAMBLED EGGS ON TOAST*	29
free range scrambled egg	
PEANUT BUTTER CUP	36
yoghurt, banana, sugar-free peanut butter, toasted almonds, honey	
SMASHED AVO TOAST*	39



WRAPS

CHEESY EGG	36
free range scrambled eggs, white cheddar	
CHEESY CHICKEN	46
free range chicken, white cheddar, celery & onion mayo	
LITTLE PRINCESS	56
free range chicken, avo, rosa tomatoes, carrot, greens, celery & onion mayo	



SMOOTHIES

250ML

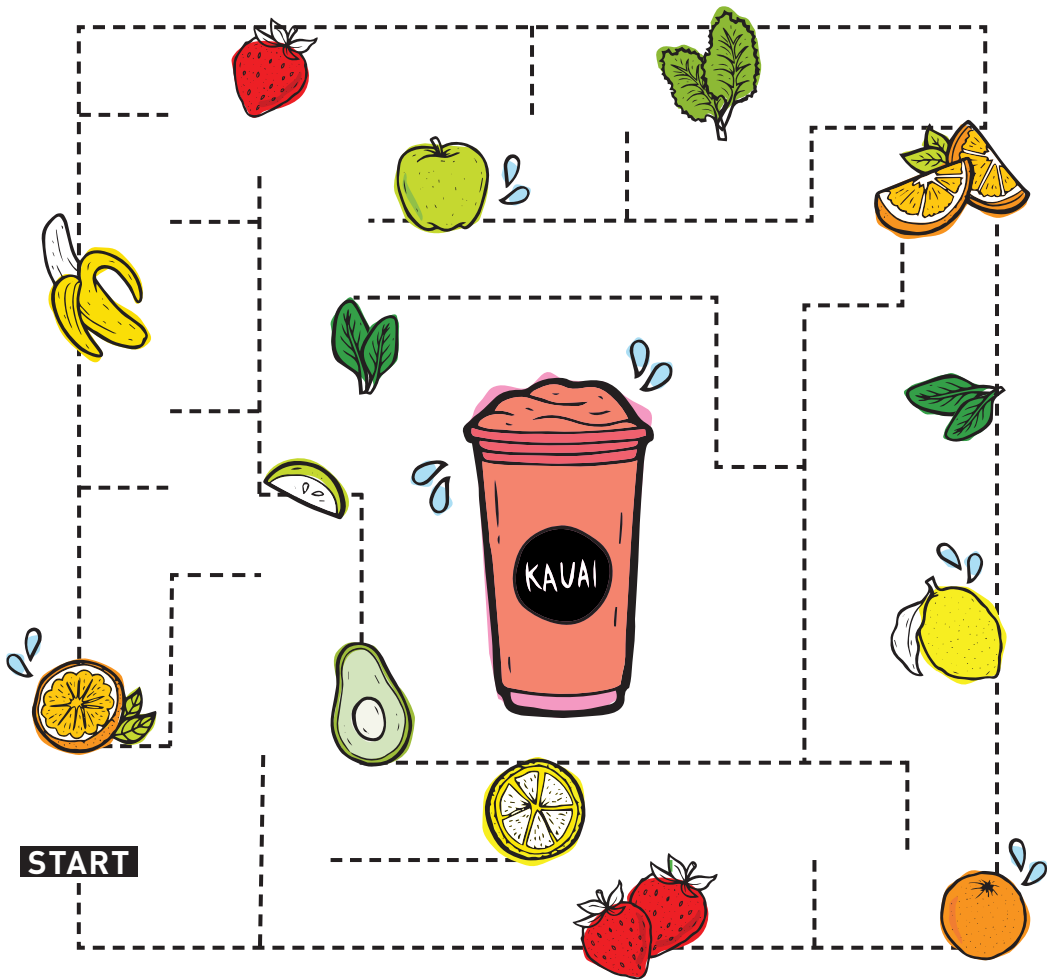
PEANUT BUTTER BERRY	28
blueberries, banana, dates, sugar-free peanut butter, almond milk, purified water	
STRAWBERRY STINGER	28
strawberries, banana, frozen yoghurt, pressed apple juice	
PEANUT BUTTER BLISS	29
sugar-free peanut butter, banana, cacao, frozen yoghurt, milk	
GEM	29
banana, toasted almonds, frozen yoghurt, milk, honey	

MAKE IT YOUR OWN

- ***CHOOSE YOUR TOAST:** LOW GI / 100% RYE
- **SWAP YOUR WRAP:** LOW CARB

FRUITY FUN WITH KAUI

PICK UP 5 FRUITS ON YOUR WAY THROUGH THE MAZE TO THE KAUI SMOOTHIE



GUARANTEE

At Kauai we work hard to give you great service and a consistently nutritious and delicious product. If for any reason your experience is not up to Kauai standards, please let us know, and we'll replace or refund your order.

To contact Kauai customer care call **0861 152 824** or e-mail us at care@kauai.co.za



Printed on paper that is Elementary Chlorine-free, Acid-Free and Programme for the Endorsement of Forest certified.

ADVICE ON ALLERGENS

We've taken all the necessary precautions, but there is a possibility that our food may contain traces of nuts, tree nuts, wheat, dairy, eggs, soy, fish, shellfish or other allergens.

KAUI JUICE (PTY) LTD. Reg. No. 1997/009392/07
Cape Town Head Office: PO Box 114, Milnerton, 7435

Prices are subject to change without notice