

DID YOU KNOW?



CHICKEN

We use chicken that is free of routine antibiotics, animal by-products and growth promoters.



KIDS' PORTIONS

We care about offering balanced portion sizes to give kids the nutrients they need to grow and develop.



SUGAR-WISE

We avoid added sugars in our food and smoothies, to help you make healthier food choices.



INGREDIENTS

We use responsibly sourced, natural ingredients, because little bodies are better without artificial flavourants, colourants and preservatives.



SUSTAINABLE

Our kids' menu has been printed on paper from sustainable forests because green is our favourite colour.

SMOOTHIES

250ML

STRAWBERRY STINGER

strawberries, banana, frozen yoghurt, pressed apple juice

25

PEANUT BUTTER BLISS

sugar-free peanut butter, banana, cacao, frozen yoghurt, milk

25

GEM

banana, toasted almonds, frozen yoghurt, milk, honey

25

WRAPS

CHICKEN, WHITE CHEDDAR & CORN WRAP

free range chicken, white cheddar, raw corn, celery & onion mayo (contains free range egg)

40

CHICKEN & AVO WRAP

free range chicken, avo, rosa tomato, carrot, house greens, celery & onion mayo (contains free range egg)

45

YOGHURT POTS

250ML

PEANUT BUTTER & BANANA YOGHURT POT

full-cream yoghurt, banana, sugar-free peanut butter, toasted almonds, honey

29

BEST OF BOTH



STRAWBERRY STINGER SMOOTHIE



CHICKEN, WHITE CHEDDAR & CORN WRAP

R60